

Foundation Series Workshops

Enhance productivity with balanced technology management



Attachment and Addictions

A Cracked Foundation: How Virtual Parenting is Destroying Our Children



Overview

As parents connect more and more to technology, they are disconnecting from their children at a rapid pace. The result is an unprecedented escalation of attachment disorders, posing new and challenging behaviors for teachers and therapists. Disconnection from self, others, nature and spirit is resulting in child mental health and behavior disorders that are readily being diagnosed and medicated. As attachment disorders are the underlying causal factor for addictions, and child technology use patterns follow that of their parent, many of today's "detached" families also have complex addictions that the education and health systems are only beginning to detect, much less treat. As 15% of children are now diagnosed with a mental illness, it is imperative for all people who work with children to understand healthy attachment formation, so they will be prepared to provide children with the critical elements they need to grow and succeed. Fragmented, frazzled and far too busy, *21st century families* are struggling to survive, leaving behind in their wake children who are unable to pay attention and learn. As the dining room table is increasingly replaced by the big screen, and family conversation becomes non-existent, the foundations for child development are finally beginning to *crack*.

Goal

A Cracked Foundation offers education and health professionals much needed information on how to address healthy attachment formation in children, rather than just refer them for psychiatric diagnosis and medication.

Learning Outcomes

- Evaluate the impact of technology on attachment formation
- Identify three types of attachment disorders
- Identify critical factors for healthy attachment development
- Apply techniques to improve attachment in *home, school* and *clinic* settings

Handouts

Attachment Questionnaire
Technology Addiction Questionnaire
Inner Drive Directive for Homes
Ten Steps to Unplug Your Family from Technology



Evidence based – Research referenced - Strategy focused

Creator and Speaker

Workshop creator **Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Zone'in Programs Inc. offering products, workshops and training to promote technology balance and enhance productivity. Cris is creator of the new *Zone'in*, *Move'in* and *Unplug'in* programs, the Foundation Series Workshops and Zone'in Training for therapists. Cris has authored the *Unplug – Don't Drug, Creating Sustainable Futures*, and *Linking Corporations to Communities* initiatives, and is completing her book *Disconnect to Reconnect*.



Who should attend?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and child care providers. Foundation Series Workshops are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, child care workers and teaching assistants.

How to register

Register for our Foundation Series Workshops:

1. **Online** at www.zoneinworkshops.com
2. **Faxing** this form to 1-877-8zonein
3. **Phoning** 1-888-8zonein
4. **Emailing** info@zonein.ca
5. **Mailing** Zone'in at 6840 Seaview Rd, Sechelt, BC Canada V0N3A4

Sponsor a workshop in your own community and receive a free *Zone'in*, *Move'in* or *Unplug'in* program for school or home use. Contact Amy for the details!

To register, please complete and forward the following form.

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Workshop Title: _____

Workshop Date: _____ **Workshop Location:** _____

Name: _____ Occupation: _____

Address: _____

Daytime Phone: _____ Fax: _____ Email: _____

Method of Payment:

Cheque (made payable to "Zone'in Programs Inc.")

MasterCard No. _____ Exp _____ Cardholder Name: _____

VISA Card No. _____ Exp _____ Cardholder Name: _____