

## Foundation Series Workshops

*Easing the job of learning for all children!*



# Foundation Series Comprehensive

## Day One – Sensory Processing, Fine Motor Development

**Harnessing Energy** *Sensory Tools and Techniques for Responsible Learning*  
*Sensory Integration* frame of reference addresses energy self-regulation and sensory impairments that limit attention and learning, and provides loads of sensory and motor tools and techniques for use at home and in the classroom. Included are the *Sensory Observations and Strategies* form and the *Zone'in Recommended Tools and Techniques* handouts. *Zone'in Program* is profiled.



## Back to Basics *Printing Skills – The Forgotten Foundation of Literacy*

*Fine Motor Development* frame of reference addresses why children can't print and read, and what to do about it. Teacher printing instruction in primary grades is 14 minutes per day, resulting in inconsistent, slow printing output, and poor letter recognition for reading. Included are the *Fine Motor Observations and Strategies* form, the *Foundation Scale for Grades K-6* and the *Printing Basics Guide* handouts. *Move'in Program* is profiled.

## Day Two – Attachment and Addictions, Technology Balance

### **A Cracked Foundation** *How Virtual Parenting is Destroying Our Children*

*Attachment* and *Addiction* frames of reference address the importance of healthy attachment formation in children, and profile rising incidence of attachment disorders, technology addictions and virtual parenting. Teachers and therapists can make a difference! Included are the *Attachment Questionnaire*, the *Inner Drive Directive for Home* and *Critical Factors for Child Development* handouts.

### **Mixed Signals** *Connection to Technology is Disconnecting Child Development*

*Technology Balance* frame of reference. Children now use an average 8 hours per day of combined technology, negatively impacting on physical, mental, social and academic success. Education regarding the latest technology research and new *Balanced Technology Management* initiatives are covered. Included are the *Technology Addiction Questionnaire*, *10 Steps to Unplug Your Children* and the *Unplug – Don't Drug Directive* handouts.

## Day Three – Science of Attention and Learning, School Success

### **Why Can't Children Sit Still?** *The Importance of Movement and Play for Child Development*

*Science of Attention and Learning* frame of reference explores the biology behind how movement and exposure to "green space" improve attention and learning, and how to incorporate these activities into classrooms. Rising levels of development delays and learning disabilities require teachers use techniques that enhance child development. Included are the *Nature Directive*, *Child Development Directive* and the *Creating Zone'in Stations* handouts.

### **Diminishing Returns** *How to Increase Profits in the Classroom*

*Successful Schools* frame of reference addresses declining literacy, student productivity, and behavior management, and provides strategies in the areas of classroom, gym and playground modifications to ensure student and school success. Included are the *Productivity Designs for Classroom and Gym*, the *Zone'in Gym Stations*, *Playground Structures* and the *Inner Drive Directive for School* handouts.

***Evidence based – Research referenced - Strategy focused - CAOT and AOTA approved***

## Creator and Speaker

Workshop creator **Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Zone'in Programs Inc. offering products, workshops, training and consulting to promote technology balance and enhance productivity. Cris is creator of the new *Zone'in*, *Move'in*, *Unplug'in* and *Live'in* programs, the *Foundation Series Workshops* and the widely acclaimed *Development Series Newsletter*. Cris has authored the *Unplug – Don't Drug*, *Creating Sustainable Futures*, and *Linking Corporations to Communities* initiatives, and is completing her book *Disconnect to Reconnect*.



## Who should attend?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and child care providers. Foundation Series Workshops are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, child care workers and teaching assistants.

## How to register

**Register** for our Foundation Series Workshops:

1. **Online** at [www.zoneinworkshops.com](http://www.zoneinworkshops.com)
2. **Faxing** this form to 1-877-8zonein
3. **Phoning** 1-888-8zonein
4. **Emailing** [info@zonein.ca](mailto:info@zonein.ca)
5. **Mailing** Zone'in at 6840 Seaview Rd, Sechelt, BC Canada V0N3A4

**Sponsor** a workshop in your own community and receive a free *Zone'in*, *Move'in* or *Unplug'in* program for school or home use. Contact Amy for the details!

To register, please complete and forward the following form.

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**Workshop Title:** \_\_\_\_\_

**Workshop Date:** \_\_\_\_\_ **Workshop Location:** \_\_\_\_\_

Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

### **Method of Payment:**

Cheque (made payable to "Zone'in Programs Inc.")

MasterCard No. \_\_\_\_\_ Exp \_\_\_\_\_ Cardholder Name: \_\_\_\_\_

VISA Card No. \_\_\_\_\_ Exp \_\_\_\_\_ Cardholder Name: \_\_\_\_\_