

Foundation Series Workshops

Enhance productivity with balanced technology management



Sensory Processing

Harnessing Energy: Sensory Tools and Techniques for Responsible Learning

Overview

Harnessing Energy raises awareness regarding the reasons why *Today's Children* are unable to pay attention and learn. For learning to take place, children are required to process and integrate incoming sensory information from their environment. This sensation is in the form of energy, and energy from the environment “primes” the body for leaning. Children who overuse technology, experience body energy that is either charged or zoned out, limiting learning. Teachers, parents and therapists will experience use of sensory tools and techniques to enable children to self regulate their energy bodies, to enhance attention and improve learning skill.

Goal

Harnessing Energy profiles the *Zone'in Concept* to improve self-responsibility, and offers information regarding sensory integration, tools and techniques to enhance sensory processing, attention and learning ability.

Learning Outcomes

- Identify critical factors for healthy development, and strategies to promote achievement of foundation skills
- Evaluate sensory processing in children, and apply relevant sensory interventions
- Relate current technology research to child development, and initiate technology reduction strategies
- Apply the *Zone'in Program* concepts, tools and techniques to Harness Energy and get Zone'in to Learn

Handouts

Sensory Observations and Strategies
Zone'in Recommended Tools and Techniques



Evidence based – Research referenced - Strategy focused

Creator and Speaker

Workshop creator **Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Zone'in Programs Inc. offering products, workshops, training, and consultation services to promote technology balance and enhance productivity. Cris is creator of the *Zone'in*, *Move'in*, *Unplug'in* and *Live'in* programs, the Foundation Series Workshops, the monthly, free Child Development Series Newsletter, and the blog www.movingtolearn.ca. Cris is a member of the internationally known Institute for Digital Media and Child Development, and has authored the *Unplug – Don't Drug, Creating Sustainable Futures*, and *Linking Corporations to Communities initiatives*, as well as her first book *Virtual Child – The terrifying truth about what technology is doing to children*.



Who should attend?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and child care providers. Foundation Series Workshops are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, child care workers and teaching assistants.

How to register

Register for our Foundation Series Workshops:

1. **Online** at www.zoneinworkshops.com
2. **Faxing** this form to 1-877-8zonein (896-6346)
3. **Phoning** 1-888-8zonein (896-6346)
4. **Emailing** info@zonein.ca
5. **Mailing** Zone'in at 6840 Seaview Rd, Sechelt, BC Canada V0N3A4

Sponsor a workshop in your own community and receive a free *Zone'in*, *Move'in* or *Unplug'in* program for school or home use. Contact Cris for the details!

To register, please complete and forward the following form.

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Workshop Title: _____

Workshop Date: _____ **Workshop Location:** _____

Name: _____ Occupation: _____

Address: _____

Daytime Phone: _____ Fax: _____ Email: _____

Method of Payment:

Cheque (made payable to "Zone'in Programs Inc.")

MasterCard No. _____ Exp _____ Cardholder Name: _____

VISA Card No. _____ Exp _____ Cardholder Name: _____