

Foundation Series Workshops

Enhance productivity with balanced technology management



Zone'in, Move'in, Unplug'in and Live'in Teacher Training Program



Overview

Managing child behavior and addressing increasing incidence of developmental delays is a challenge for every teacher. Sensory impairments, motor delays and an array of confusing behavioral disorders constitute *today's child*. As the 'gap' in academic performance continues to widen, teachers everywhere are looking for efficient and effective tools and techniques to ensure literacy for all students. *Zone'in, Move'in, Unplug'in* and *Live'in* programs were designed by a school based pediatric occupational therapist to address sensory, motor, and technology addiction problems in a classroom setting. *Zone'in* is derived from sensory integration theory, and is a self regulation program to teach children how to get their energy in the *Zone to Learn*. *Move'in* is based on fine motor development theory, and is an assessment and intervention to achieve motor skill components necessary to print and read. *Unplug'in* builds performance skills in the *Me, We, Earth* and *Spirit* dimensions so children can unplug themselves from technology. *Live'in* Resource Guide contains comprehensive and easy to use strategies and handouts for schools and homes to achieve life long *Balanced Technology Management*.

Goal

Information received in the *Zone'in, Move'in, Unplug'in* and *Live'in* Training Workshop will provide participants with essential tools and techniques to improve attention, printing and reading ability, and enhance performance skills in all children.

Learning Outcomes

- Identify critical factors for child development, and apply techniques to improve sensory and motor development.
- Demonstrate ability to identify body energy zones, and apply relevant *Zone'in* tools and techniques to get students *Zone'in to Learn*.
- Identify specific areas of motor impairment and apply relevant motor strategies to improve printing and reading skill.
- Identify performance skill deficits and develop interventions to improve skill confidence.
- Demonstrate proficiency with implementing a variety of Balanced Technology Management school and home-based initiatives.

Handouts

Foundation Scale for Grades K-6
Zone'in Stations for Classroom and Gym
Zone'in Recommended Tools and Techniques



Creator and Speaker

Workshop creator **Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Zone'in Programs Inc. offering products, workshops and training to promote technology balance and enhance productivity. Cris is creator of the new *Zone'in*, *Move'in* and *Unplug'in* programs, the Foundation Series Workshops and Zone'in Training for therapists. Cris has authored the *Unplug – Don't Drug, Creating Sustainable Futures*, and *Linking Corporations to Communities* initiatives, and is completing her book *Disconnect to Reconnect*.



Who should attend?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and child care providers. Foundation Series Workshops are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, child care workers and teaching assistants.

How to register

Register for our Foundation Series Workshops:

1. **Online** at www.zoneinworkshops.com
2. **Faxing** this form to 1-877-8zonein
3. **Phoning** 1-888-8zonein
4. **Emailing** info@zonein.ca
5. **Mailing** Zone'in at 6840 Seaview Rd, Sechelt, BC Canada V0N3A4

Sponsor a workshop in your own community and receive a free *Zone'in*, *Move'in* or *Unplug'in* program for school or home use. Contact Amy for the details!

To register, please complete and forward the following form.

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Workshop Title: _____

Workshop Date: _____ **Workshop Location:** _____

Name: _____ Occupation: _____

Address: _____

Daytime Phone: _____ Fax: _____ Email: _____

Method of Payment:

Cheque (made payable to "Zone'in Programs Inc.")

MasterCard No. _____ Exp _____ Cardholder Name: _____

VISA Card No. _____ Exp _____ Cardholder Name: _____