



Balanced Technology Management Consultative Services for Parents

Managing balance between activities children need to grow and succeed with technology use

21st Century Children

North American children now use 8 hours per day of combined technologies such as TV, movies, internet, video games, cell phones, iPods and a variety of hand held devices every day. Current research shows causal links between technology overuse and child obesity, developmental delay, aggression, attention deficit, poor school performance, sleep disorders and social isolation. *Balanced Technology Management* consulting occupational therapists are experienced in the areas of sensory, motor and attachment development and are experts in assisting children and families in moving toward a life that ensures children manage balance between activities they need to grow and succeed with technology use.

Referrals and Assessment Procedure

Referrals are accepted from parents, teachers, schools, day cares, hospitals, treatment centers, physicians and specialists for children ages 5 to adult. Type of assessment(s) a child requires will be determined by referral information sent by source, consultation with teachers and/or parent, and initial observations of child.

Please send all relevant medical reports in conjunction with the following forms by email, fax or mail:

- Pediatric Consent to Assess, Obtain and Release Information
- Pediatric Referral to Occupational Therapy
- School Aged Checklist Occupational and Physical Therapy Services
- Technology Screening form

The above forms can be found at www.suncoastot.com, click on *Paediatric*, then *Referrals*.

Treatment Sessions

Subsequent treatment may be in the form of direct occupational therapy, consultation with school or other professionals, training, team meetings, workshops, or affiliate referral. Type and duration of treatment will be determined after initial assessment, and treatment plan will be formed in conjunction with referral source e.g. parent and/or school.



Assessments

THE LEARNING ZONE COMPREHENSIVE ASSESSMENT

- Sensory Integration and Praxis Test (SIPT) (4-9 years)
- Bruininks Oseretsky Test of Motor Proficiency (BOT2) (4-14 years)
- Move'in, Zone'in and Unplug'in Programs (5-9 years)

INDIVIDUALIZED ASSESSMENTS

Elementary School Aged Intervention

Fine and Gross Motor Assessments

- Bruininks-Oseretsky Test of Motor Proficiency (age 4-14 years)
- Gross Motor Function Measure (age 2-12 years)
- Beery Developmental Test of Visual Motor Integration (age 3-8 years)
- Fine Motor Observations and Strategies (age 5-12 years)
- Move'in Program (age 5-12 years)

Vision Assessments

- Developmental Test of Visual Perception (age 4-10 yrs)
- Visual Skills Appraisal Test (age 5-9 years)
- Visual screen (age 5-19 years)

Sensory Assessments

- Sensory Observations and Strategies (age 5-19 years)
- Clinical Observations of Motor and Postural Skills (Ayres) (ages 5-15 years)
- Zone'in Program (age 5-12 years)

Technology Overuse Assessments

- Technology Screening Tool
- Technology Addiction Questionnaire

High School Age Intervention

Prevocational Assessment

- Keilhoffner Assessment of Occupational Functioning

Vision Assessment

- Developmental Test of Visual Perception (age 4-10 years)

COSTS

THE LEARNING ZONE - \$1250 (includes SIPT, BOT2, Zone'in, Move'in and Unplug'in assessments).

INDIVIDUALIZED ASSESSMENTS

Phase 1 – Assessment - \$750 (includes data intake, assessments, analysis, program design, reports, consultation meeting with referral source, and intervention planning).

Phase 2 – Intervention - \$100/hour (includes program implementation, training, equipment trials, and team meetings).

Phase 3 – Evaluation - \$100/hour (includes: re-assessments, and consultation).

Travel costs are supplementary for clients off the Sunshine Coast.