



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Sunshine Coast Occupational Therapy Inc. Presents:

ZONE'IN WORKSHOPS
For Teachers, Parents and Therapists
Zone'in and Learn – Sensory Integration Tools and Techniques
Move'in to Print – Fine Motor Assessment and Intervention

Saturday, May 12, 2007

REGISTRATION FORM

Location: Vancouver, BC. Exact location to be announced...
Date & Time: May 12, 2007
Registration 8:30 am
Workshops: Zone'in 9:00am – 12noon, Move'in 1:00–4:00 pm

Registration Fees include GST and lunch

Parents, Teachers, Therapists	\$150.00
Late registration fee (after April 30, 2007)	\$175.00

For more information, contact Zone'in at 1-888-896-6346 or info@zonein.ca

Deadline for registration: Monday, April 30, 2007

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Daytime phone: _____ Evening phone: _____

Email address: _____

I am paying the amount of \$_____ by:

- Cheque (enclosed)
- VISA # _____ Expiry: _____
- Mastercard # _____ Expiry: _____
- Name on card: _____
- Signature: _____

Cancellations will not be accepted after May 1, 2007. Cancellation fee \$25.00.

Please **Fax** your form with payment to Zone'in at **1-877-896-6346**
Or **Mail** to the Zone'in office at: **2523 Sunset Dr., Kamloops, BC V2C 4K1**

ZONE'IN WORKSHOPS
For Teachers, Parents and Therapists

Saturday, May 12, 2007, 9 am – 4 pm

Zone'in and Learn – Sensory Integration Tools and Techniques

Wake up...now calm down! Optimal levels of alertness for learning are often difficult for students (and adults!) to achieve. How many of you need to fidget, eat, jiggle a foot, or chew gum/pen tops in order to stay focused on a task? In this age of advancing technology, children's bodies are not getting adequate motor stimulation and exercise, often resulting in body energy that is all over the map, from sleepy and zoned out to charged and hyper, causing havoc in classrooms and at home. Prolonged connection to technology is causing a "disconnect" from the human experience, often resulting in attachment disorders. In some cases, a student's sensory system can "overload" resulting in fight, flight or fright reactions which are all too often labeled as "behavior". Come and learn how to make accurate sensory observations and apply effective strategies using the Sensory Observation and Strategies Checklist (SOS form), and experience the new Zone'in Program, a kid-driven, cost effective and fun way to improve children's attention! Learn about how to assist your children to first *Know Your Zone* and then *Tone Your Zone* using sensory motor tools and techniques, because no child is dumb, they just aren't *Zone'in to Learn!*

Objectives: Teachers, Parents and Therapists will receive an overview of Sensory Integration (SI) theory, the negative impact of technology on sensory system development, and how Sensory Processing Disorder (SPD) impacts on children's attention and behavior. Utilization of SI theoretical constructs, the SOS form, and experiencing innovative sensory motor tools and techniques, will provide participants with an understanding of their own energy body, thus enabling optimal transfer of these learning concepts to their children.

Move'in to Print – Fine Motor Assessment and Intervention

Studies show that up to 20% of primary classroom students struggle with printing and reading, resulting in problems with spelling and eventual sentence formation. While remedial workbooks may help some, many children require individualized assessment and intervention to identify specific areas of delayed development. These often "bright" children never catch up to their peers, and develop learning disabilities requiring increased teacher intervention and school resources. Early identification of delays in posture, spatial concepts, visual-motor integration, motor planning, bilateral integration, and oculomotor dysfunction at the primary level; and early intervention using simple strategies, can ensure optimal motor output for students and decrease teacher time. Come and learn how to make accurate observations and apply effective strategies using the Fine Motor Checklist, and experience the new Move'in Program, a kid-driven, cost effective and fun way to improve printing and reading skill! Strategies and tools include postural motor skill development, determining correct "container" for custom workbooks, practicing motor plans, and when to use technology slant boards, grips, colored transparencies, window keys. Create simple solutions for complex problems and get *Move'in to Print!*

Objectives: Teachers, Parents and Therapists will receive an overview of Fine Motor Development (FMD) theory, the negative impact of technology on motor system development, and how fine motor dysfunction impacts on children's ability to read and write. Utilization of FM theoretical constructs and the FM form, will assist participants in assessing and providing specific intervention in the 13 essential components to improve children's reading and printing.

Professional Credentials and Experience

Cris Rowan has a BSc in Occupational Therapy and a BSc in Biology, graduating in 1989 from UBC and is a member in good standing with the College of Occupational Therapists and approved therapist with Autism Community Training. Over the past 10 years, Cris has been specializing in paediatric rehabilitation, working with School District No. 46 on the Sunshine Coast. Cris has also performed over 50 workshops on Sensory Integration, Learning and Attention and Fine Motor Development for teachers parents, and professionals throughout BC and Alberta. Previous conference presentations were at BC's Cross Currents Special Education Conference in 2000, '01, '02, '07 and Alberta's Celebrating the Challenges Special Education Conferences 2003, '04, '05, '06. Cris also chairs the BCSOT Paediatric Special Interest Group.

More about Move'in and Zone'in Programs

Zone'in: Optimizes attention by helping children to understand more about their body energy. If their energy is charged and hyperactive, or sleepy and zoned out, they can't start, sustain or finish activities. By watching the Zone'in DVD, and using a Zone-O-Meter, tools and techniques, children learn to "*Switch On*" to get "*Zone'in and Learn!*"

Move'in: Improves printing and reading by first determining the problem, then providing a solution. Move'in takes children on a "*Printing Adventure!*" by playing the Ready, Set, Move'in board game, and using the Play'in the Lines computer program, children can help themselves on the path to easier printing and reading.

Schools, homes or professionals need **only buy one** of each Zone'in and Move'in kit to provide a **yearly individualized assessment** and intervention for every child grades K-6! Move'in comes with a database that produces progress reports for education plans. Zone'in and Move'in programs are **student lead**, and come with fun DVD's that contain informative workshops for teachers and parents.

Check us out at www.zonein.ca today!