



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on September 22, 2008
for teachers and OT’s in Calgary.

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	25%	75%			
The workshop was well organized	75%	25%			
The workshop was just the right length	50%	25%	25%		
The instructor was well informed	75%	25%			
The workshop materials were useful	75%	25%			
The workshop objectives were achieved	75%	25%			

What was the most valuable thing you learned in the workshop?

- Techniques organized by sensory areas
- So useful to have evidence based practice to help ‘push the point’ of unplugging
- I was not aware of the impact of screen time on our population
- Concrete suggestions

Was there anything not covered in the workshop that you felt should have been?

- No
- N/A

How could this workshop have been better or more helpful?

- Could be longer
- N/A

Would you recommend this workshop to others? If not, why not?

- Yes
- Yes

Any other comments?