

Pediatric Occupational Therapist Cris Rowan presented
“Disconnect to Reconnect” workshop on Feb 12, 2011
for parents in Duncan, BC

What did the participants have to say? (8 responses)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were met	37.5%	62.5%			
The workshop was well organized	50%	50%			
The workshop was just the right length	25%	50%	25%		
The instructor was well informed	87.5%	12.5%			
The workshop materials were useful	75%	25%			
The workshop objectives were achieved	37.5%	62.5%			

What was the most valuable thing you learned in the workshop?

- Technology can be useful sometimes but most of the time is bad for children. It has to have balance.
- BTM – Learned how to remove television from my daughter’s every day routine. Media violence and its effect.
- Where to find more information to support my internal working theory.
- Statistics and reality of situation.
- Importance of movement.
- That there are others, different disciplines and many parents who are concerned about technology and children.
- The impact on brain development.
- Ideas to control time of tech usages.

Was there anything not covered in the workshop that you felt should have been?

- No
- No.
- What can we do more “globally” to make a change.
- Connection between “Goals” (therapeutic goals) to the use of technology.
- No
- Not really.

How could this workshop have been better or more helpful?

- More time for questions and/or discussions.
- This workshop was very focused, perhaps a follow-up workshop with a broader view would be helpful.
- More time to discuss within large & small groups.
- Mentioning also the positive aspects of technology. Providing a frame of time for the use of technology and what is considered “quality” technology.
- It was a lot of information in a short space of time—hard to get through it all, especially with audience members were making comments and asking questions (which is interesting and necessary).
- Try to limit participant input when not relevant or too long because we didn’t view all slides.

Would you recommend this workshop to others? If not, why not?

- Yes.
- Yes. Very informative, learned a lot for both my workplace and home.
- Yes, the information was very concise. Might be a lot for some people to take.
- Yes! All parents or learn before becoming parents (in high school).
- Yes, but has to be more accurate and realistic.
- Yes!!
- Yes. It would be nice to reach more parents.
- Yes, very interesting and the stats are alarming.

Any other comments?

- Thank you Ms. Rowan for doing this workshop. It is an eye opener.
- Very interesting. Makes you really want to re-think your daily routine, etc.
- Love it! Wish this wasn’t needed but it is a reality. Know a grade 7 teacher who says her students (most of) cannot read any higher than grade 3 level. Sad!
- Knowledgeable presenter however required more processing around how to present more complex data (e.g., the development of Fine Motor and pencil grasps, or “you are what you experienced.”)
- As always, informative and a great chance for a variety of stakeholders in the community who have common concerns to come together.
- Excellent presenter, passionate and knowledgeable. Thank you 😊!!

Analysis: Generally well received, but too much info in too short of time, and wanting more time for discussion requires workshop modification.

Action: Will suggest to workshop organizers to end one half hour early to answer questions and do focused discussion.