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Pediatric Occupational Therapist Cris Rowan presented
“Why Children Can’t Sit Still” workshop on March 3, 2012
to Surrey, BC - Professional Workers

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	50%	50%			
The workshop was well organized	50%	50%			
The workshop was just the right length	25%	75%			
The instructor was well informed	100%				
The workshop materials were useful (17 responses)	50%	50%			
The workshop objectives were achieved	50%	50%			

What was the most valuable thing you learned in the workshop?

- The fact that kids shouldn't use more than 1-2 hours of technologies a day.
- That my instinctive beliefs about TV and other electronic devices are ruining society (is supported). Modern parents don't seem to understand how important it is to cuddle and read to their children—way too busy earning money for things most of us don't really need! I'm a successful parent and grandparent and one of my daughters is a Special Ed specialist teacher. It's nice to feel so validated.
- How much technology is a part of our lives.
- Brains are pruned.

Was there anything not covered in the workshop that you felt should have been?

- Would like to have covered more on strategies.
- I think your handouts will complete a very nearly perfect seminar. Thank you very much!
- A handout of the techniques to use when the students are fidgety.
- No.

How could this workshop have been better or more helpful?

- I found a lot of the research to be particularly helpful because many of us don't have the time to read and digest everything that comes out in a report.
- .I don't know.
- More examples shown like the deep pressure touch.

Would you recommend this workshop to others? If not, why not?

- Yes, there were several of us there from the SEA certificate course at Kwantien and we shared some of the info with our classmates the following day.
- When I've finished reading your book, I'll be passing it on to others.
- Yes, to have more people realize the direction our children are heading.
- Yes.

Any other comments?

- The end was really rushed and I would like to have spent a little less time on the doom and gloom and a bit more time on the positive aspects of what we can do to make some changes.
- I have attached Leo Buscaglia's story ANIMAL SCHOOL. I'm always surprised that so few people working with learning challenges know about it.
- Do you present this to adults that are studying to become Education Assistants: E.g., DTAC (delta schools) or SETA (Surrey)?

Analysis: Generally well received; rushed at end.

Action: Shorten this workshop and add more strategies.