



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” on October 29, 2013
to **health and education staff in Bella Coola, BC.**

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Workshop objectives were met	88%	12%			
Workshop was well organized	100%				
Workshop was just the right length	75%	25%			
Instructor was well informed	100%				
Workshop materials were useful	100%				

Most valuable information learned in workshop:

- The description of strategies for the variations of SPD.
- Different techniques to use with children who have sensory issues
- How to assess core strength, why it's necessary action to take to build core strength
- Most everything
- How to support children with sensory trouble. Also to recognize children with issues.
- The different exercises for different energy levels.
- How to identify different areas that we can work on with kids re: energy.
- How important sensation is for children, teen's and us!

Information not covered that would like in future workshops:

- Not that I can think of.
- It is a very comprehensive program. I especially like the recommended Zone'in Tools and Techniques
- No
- Wish there was more time for questions.
- No, everything was covered well.

How workshop could have been better or more helpful:

- Warmer venue!
- Lunch!
- Hands on materials
- More time for discussion

Would you recommend this workshop to others? If not, why not?

- YES - at least so people (educators and parents) can be aware of SPD
- Yes, it should be required for parents and child care providers and teachers
- Yes
- Yes, very informative and to support more children in our community.
- Yes, lots of info in a very short time
- Yes
- Yes, all parents and teachers need this!

Additional Comments:

- Thank you so much for doing this work!
- Yes, especially parents, ECE workers, teachers, family support workers, etc.
- In our community that hasn't resources like other communities, this is very important teaching – we need to do these workshops more often!
- Thanks Cris!
- Would be ideal to have an OT in the valley!
- Good job Cris!

Analysis: generally well received.

Action: none.