

Pediatric Occupational Therapist Cris Rowan presented  
**“Healthy Interactions”** on May 29, 30, 2013  
 to **early intervention staff in Bella Coola, BC.**

### *What did the participants have to say?*

|                                    | Strongly Agree | Agree      | Neutral    | Disagree | Strongly Disagree |
|------------------------------------|----------------|------------|------------|----------|-------------------|
| Workshop objectives were met       | <b>55%</b>     | <b>45%</b> |            |          |                   |
| Workshop was well organized        | <b>60%</b>     | <b>35%</b> | <b>5%</b>  |          |                   |
| Workshop was just the right length | <b>45%</b>     | <b>35%</b> | <b>15%</b> |          |                   |
| Instructor was well informed       | <b>90%</b>     | <b>10%</b> |            |          |                   |
| Workshop materials were useful     | <b>70%</b>     | <b>30%</b> |            |          |                   |

#### Most valuable information learned in workshop:

- Sensory input, touch
- How technology plays an effect on our children
- How tech has taken over and NOT enough time together; book reading
- How to incorporate materials and equipment into our childcare
- Understanding of child’s behaviour and ways to resolve in a positive manner
- How important touch is, how much tech is too much, I could go on and on...everything was valuable
- Many ways to calm child, lower stress/anxiety
- How important connection is for child development
- Most valuable thing I learned is the technology piece, and importance of parents interacting with their child
- How technology mostly rules our lives, how when to touch or not touch children, and that we should give more attention to the children
- Learning how to balance the energy in (tech) and energy out (movement)
- The first section regarding technology use and child development
- Programs in different communities, ways to implement programs here
- That I am doing something right
- More than one! It was all valuable and every well presented
- Touch – importance to children for forming attachment
- More play outside
- Importance of touch
- That the tech world is robbing out children of the more important NATURAL values
- Technology influencing our children. Sensory information

### Information not covered that would like in future workshops:

- Everything that was presented was informative
- No, think she covered a lot. Would have liked to learn more just because this was so worthwhile. Didn't want it to end.
- No
- Give us that pre-literacy stuff; more on types of movement
- I feel that everything was covered that we wanted to know
- Little bit rushed because of participation, which was good too!
- No
- Everything was covered
- Mentioning language development when appropriate such as possible cause for poor child interaction; motor development from trunk out includes oral motor (SLP)
- Nope
- More info "less enabling"
- Enjoyed it all
- No

### How workshop could have been better or more helpful:

- Very helpful
- I don't think it needed to be changed. I think it could have been longer
- Did not see any flaws, got answer to what/how to help our children in daycare
- It was very informative
- Wish that the parents of the centre accepted our invite to the workshop
- This workshop was very helpful
- Green space for me
- May be in 2 days for the amount of material coverage
- Maybe could have had hands on examples
- I would have liked the literacy part so that people understand the connection of motor development and language/education
- Well defined limits for interaction with participants
- If more parents attended – more advertising of what its about and why its valuable
- Not so rushed. Enough time for discussion and own experiences
- Was awesome! Good work; maybe a little longer
- Workshop awesome. Thank you very much!

### Would you recommend this workshop to others? If not, why not?

- Yes! I would cause it will be helpful in every way for a child
- Yes I would. I think this would be beneficiary for parents to take
- Yes, I think to parents
- For sure, I'd liked to see it in Acwsalcta! I'm sure the Crash and Bump would be fun and beneficial
- Yes
- Yes, I would highly recommend this workshop
- Yes – so much help for all children
- Yes, even to school teachers as possible ProD day
- Yes I would, because you can learn from it and ways to change things for the better
- Yes I would because I think this would help more teachers and parents interact with the children
- Yes

- Definitely
- Yes
- Yes!!
- Yes, all teachers and t.a.'s and other child care specialists should be required to attend
- Yes, it was very useful on why children are zoning out, inactivity
- Everybody
- Yes – teachers, principals, parents
- Yes
- Yes

#### Additional Comments:

- Just that I enjoyed this workshop and would look forward to another just like this and more
- Excellent workshop, informative and useful, new teaching techniques. Thanks!
- Thank you!
- It was like I seen what my children went through growing up. Wish I knew this, Thanks to this workshop, now I do.
- Thank you Cris, really enjoyed
- Thanks for the interesting presentation
- Thank you for all the wonderful work you've done to provide something very needed!
- Excellent energy and keeping everyone focused
- Had a great day. Thank you
- Thank you. This has helped me very much!!
- Love the sensory fun stuff. I have always used this as a facet of learning.
- Please include me in the Bella Coola committee for proposals (Carolyn DiGuistini)

Analysis: generally well received, with requests for more info on pre-literacy.

Action: to provide additional one day of review and application of info, as well as cover pre-literacy building concepts.