

Pediatric Occupational Therapist Cris Rowan presented
“Disconnect to Reconnect” workshop on July 22, 23, 24, 25, 2013
 for parents and health professionals in **Klemtu, BC**
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	80%	20%			
The workshop was well organized	60%	40%			
The workshop was just the right length	60%	20%	20%		
The instructor was well informed	90%	10%			
The workshop materials were useful	80%	20%			
The workshop objectives were achieved	80%	20%			

What was the most valuable thing you learned in the workshop?

- That technology disconnects everyone from learning.
- Interacting with kids, and touch, are very important.
- Very to the point.
- Influences of tech on child development; useful tips for parenting.
- The information on how much TV to watch.
- Everything was interesting to hear.
- Effect on brain and sense organ development from tech usage (vestibular/proprioceptive systems)
- On how technology can affect the brain.

Was there anything not covered in the workshop that you felt should have been?

- No.
- Unsure. Happy to learn anything!
- Studies specific to aboriginal communities.
- Family fun night would be great to have again, as it got everybody active when we had family fun night.
- I don't think so.
- Data on meditation (benefits for brain, concentration etc).
- No.

How could this workshop have been better or more helpful?

- The workshop was great!
- I can't say more! This is fantastic!
- More culturally appropriate language, analogies etc.

- It was helpful, no complaints!

Would you recommend this workshop to others? If not, why not?

- Yes.
- Yes.
- Yes! Very informative with very practical applications in everyday life.
- Yes. I would recommend this workshop to others.
- Yes.
- Yes!
- Yes.
- Yes, I would. Other parents should be more aware of this topic.

Any other comments?

- No.
- Much appreciated. Do what works!
- Thank you so much for coming. We're thrilled to have your services here!
- I would like to join a group to get better playgrounds in Klemtu (Rose - gave email).
- I'm interested in helping with playgrounds (Flora).
- Kudos on your great work.
- I would like to work on a place for youth and family to hang out (Nick - gave email)

Analysis: generally well received. Some interest in working on playground improvements.

Action: Help form community team for playground planning.