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Pediatric Occupational Therapist Cris Rowan presented
“A Cracked Foundation” workshop on November 26, 2013
for health and social service professionals in **Vancouver, BC**

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	74%	26%			
The workshop was well organized	74%	26%			
The workshop was just the right length	53%	37%	10%		
The instructor was well informed	74%	26%			
The workshop materials were useful	74%	26%			

What was the most valuable thing you learned in the workshop?

- The existence of placing children in locked rooms in schools (shocking)!
- Building Foundation graphic card.
- How technology and attachment disorders affect development.
- Talk about attachment like origin of relationship. Care about each child and how to help families.
- ALL content of workshop was the most valuable thing for me. The vestibular sensation captured my attention.
- I appreciated the piece on deep pressure touch.
- The biology behind why movement, play and touch are so important. The deep pressure touch activities explanation and why.
- How important attachment is for children, and healthy development. We need to work on systematic changes and education for parents and kids.
- Deep pressure touch and temper tantrums. Building Foundations child development hierarchy graphic.
- Deep pressure touch. 2 week critical period for primary attachment and recovery requires 400 repetitions.
- The most valuable thing I learned in the workshop is that technology's affects to our lives and how to deal with that.
- I liked the video clips. All very helpful.
- Where to start healing attachment, and that we can start any time.
- I absolutely loved everything. I have taken Gordon Neufeld seminars and this seminar further strengthens looking at the cure i.e. attachment.
- The 3 attachment disorders and what they look like.

Was there anything not covered in the workshop that you felt should have been?

- None
- N/A
- Increased info about brain and addiction/attachment.
- N/A
- Not at all.

How could this workshop have been better or more helpful?

- Warmer temp.
- Improve the relationship with facilitator – family – child.
- Everything was perfect!
- I would have like to see more interaction with the group.
- More time for questions/interaction, but I know time was limited.
- Time for questions/answers
- I think maybe more time → however Cris managed to cover a lot in 3 hours...maybe its okay.
- Tailored for family resource staff.
- Full day.

Would you recommend this workshop to others? If not, why not?

- Yes!
- Yes
- Yes
- Yes. I think everyone can do something to create a healthy community. We need to be educated and now educate others.
- Highly recommended ti to all parents, caregivers, and staff working in ECD field.
- Yes, it was quite informative.
- Yes – would be great to have a parent workshop on this!
- Yes! Definitely!
- Yes!! Because all the content are teachable and shareable.
- Yes
- I will recommend this workshop to others because being a parent I, myself struggled with technology for my children. Many parents are dealing with this and need this workshop!
- Yes, I would like to attend her other workshops as well.
- For sure!
- Yes of course.
- Definitely recommend it...speaks to the 'disconnect' of families.

Any other comments?

- A different prospective on 21st century families. Thank you Cris!!
- Thank you for organizing these workshops! They're awesome!
- Thank you for a wonderful workshop.
- I really appreciate being able to attend these excellent presentations.
- Would love to do more on attachment.
- Well done. Very concrete info with good examples. Created an awareness where there was none.

Analysis: more info on what resource staff can do to facilitate child/parent relationships. More discussion, although difficult for presenter to accomplish workshop goals with enough group discussion to satisfy those that want to talk.

Action: will add more relationship building suggestions. Will save more time for discussion, but not enough to derail content.