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Pediatric Occupational Therapist Cris Rowan presented
“Disconnect to Reconnect” workshop on February 18, 2013
for parents and daycare/preschool staff in **Vancouver, BC**
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	65%	35%			
The workshop was well organized	65%	35%			
The workshop was just the right length	65%	35%			
The instructor was well informed	100%				
The workshop materials were useful	65%	35%			
The workshop objectives were achieved	65%	35%			

What was the most valuable thing you learned in the workshop?

- The importance of touch, tech free time, connecting with children, balance.
- The importance of disconnecting from technology; a real eye opener!
- How much TV and technology affects children at such a young age.
- Loved the activities, more the better! Eye to eye discussion so valuable.

Was there anything not covered in the workshop that you felt should have been?

- No, there was a lot of information that I found valuable.
- I do not think so, it was well designed.

How could this workshop have been better or more helpful?

- It couldn't!!!

Would you recommend this workshop to others? If not, why not?

- Yes – it was excellent. So much great information.
- Yes, it would be very helpful for parents and educators.

Any other comments?

- Very informed presenter.
- Yes, very informative.

Analysis: Generally well received.

Action: None.