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Pediatric Occupational Therapist Cris Rowan presented
“A Cracked Foundation” workshop on February 8, 2014
for Squamish Child Development Resource Referral
in **Brackendale Squamish, BC**

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	58%	29%	13%		
The workshop was well organized	79%	21%			
The workshop was just the right length	63%	13%	8%	13%	3%
The instructor was well informed	97%	3%			
The workshop materials were useful	89%	8%	3%		
The workshop objectives were achieved	58%	29%	13%		

What was the most valuable thing you learned in the workshop?

- The crisis our own children are with – ipads, iphones, gaming etc, tv’s, pc’s, phones etc.
- All of the information was extremely valuable.
- Vestibular/proprioceptive, tactile, Parasympathetic foundations. References to attention/attachments and praise.
- The stats shocking. I have a lot of info to raise awareness in parents.
- Realizing impacts of adults tech use on child’s attachment; how adult tech use creates disconnect.
- So much info for me about impact of technology on attachment – Great.
- The stats quoted.
- How to deal with tantrums.
- Very informative, defined previous information, gave me more insight to connection between tech and attachment.
- The impact technology has on society, parents and children. Families need to UNPLUG and the importance of attachment.
- Strategies to use.
- I enjoyed hearing about attachment, more so attachment disorders, but for other reasons.
- Impact of technology on children and attachment disorders.
- So informative.
- Unplug.
- Everything was valuable.
- So much info to share with parents.
- Relationship to mental illness.
- The shocking statistics.

- Damaging effects of technology on today's families – children & parents.

Was there anything not covered in the workshop that you felt should have been?

- No
- Was looking for more information on virtual dysfunction and less on attachment.
- N/a
- N/a
- More info on screen time / tech.
- No
- No
- No, it was very informative.
- I would have liked more strategies and a stronger link made to impact on speech and language development.
- No it was already very intense.
- I wanted to hear whole workshop but we were cut short due to time constraint.
- Would have liked more focus on technology and development.
- More tech info as had already covered a lot of Attachment, however I see the importance of connections.
- N/a

How could this workshop have been better or more helpful?

- If we had time to do the whole series.
- More videos/information of building foundations
- Could have been longer.
- I would like to hear more about the research of the detrimental effects of screen time.
- Print handouts on front & back to save paper.
- Less material – longer time.
- Done through a longer series.
- It was really interesting.
- More time please.
- I wish it was longer, maybe over two days.
- Would like more info – longer course.
- Longer.
- More solutions or things we could do to reduce it.
- N/a

Would you recommend this workshop to others? If not, why not?

- Yes – it was the best workshop for me this weekend. – Thank you.
- YES!! – It was amazing.
- Yes, but would let them know that half of the workshop is an attachment workshop.
- Yes
- Yes
- Yes
- Yes – Parents, Parents!
- Yes – it was really great
- Definitely
- Yes. I want to share with my preschool families and my own family.
- Yes
- Yes
- Yes
- I would for sure so interesting and informative.
- Yes, to open parents eyes.
- Yes, but less on attachment, more on technology.

- Yes
- Yes
- Definitely.
- Yes
- Yes, shorter version for parenting workshops,
- Yes
- Yes

Any other comments?

- Thanks for coming to Squamish to raise awareness.
- This workshop was amazing.
- Room was warm. Morning workshop – room was too cold. Thank you for bringing BUMP & CRASH to my community!
- Great presentation!
- I learnt a lot from this workshop – Thanks
- Thank you.
- Thank you!. This has been my theory as to why I get more referrals for students in Kindergarten every year.
- Thank you.
- Want to do more of your workshops.
- Thank you.
- Thanks so much.
- Well presented. Thanks.
- Thank you

Analysis: Appeared to want more info on impact of technology on children, but this workshop was specifically on attachment.

Action: Ensure workshop coordinators distribute workshop flyer with descriptor, so participants will know what they are attending.