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Pediatric Occupational Therapist Cris Rowan presented
“Healthy Interactions” workshop on Sep 13, 2014
to parents in Fort Ware
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	N/A	N/A			
The workshop was well organized	93%	7%			
The workshop was just the right length	73%	20%	7%		
The instructor was well informed	93%	7%			
The workshop materials were useful	86%	14%			
The workshop objectives were achieved	93%	7%			

What was the most valuable thing you learned in the workshop?

- That we have to closely watch tech use by our kids and encourage longitudinal research of IT impact on ECD.
- Understanding how there is positive use of technology. Bringing awareness to myself about gaming simulations. Learning the comparisons between tech and mental illness.
- How to help parents. Info on stats of usage of tech and how it affects the brain. Shoulder squeeze.
- Methods to use to have children calm down - also became aware of children needing more movement.
- The studies on how tech impacts the child. Interesting about porn.
- One level of tech related to many other things we treat children for.
- How much a child's behaviour is related to tech.
- The most valuable thing for me was discovering the connection between ADHD and violent, fast paced tech.
- Awareness of the huge impact technology has on our children's health/ correlation to behaviour and learning/socialization.
- All the information about actives of indoor and outdoor things.
- How to connect with parents and educate about tech use using developmental research to support info.
- There is still a place for tech, but go back to basic play and form family life again!

- Presenter has knowledge and experience that she is more than willing to share. encouraging to learn that I'm not alone in my thinking. Whole picture presented the good and bad, not one-sided thinking.
- Learning how to frame and explain the impact of tech on child development - activities to help kids (and us) get into the zone.
- I loved the foundation for early child development, especially on touch, I had no idea the tremendous importance.

Was there anything not covered in the workshop that you felt should have been?

- Maybe touch on some of the benefits of IT that have helped "special needs" kids.
- No, was all very good.
- I felt that the workshop was very well covered.
- Not that I can think of.
- No
- Covered a lot of areas.

How could this workshop have been better or more helpful?

- Maybe some male participation. Our group was all female and another perspective would have been interesting.
- The room needed better temperature, hard to stay awake after a late lunch.
- It couldn't have been!
- Continue to present material in the workshop.
- There was so much interesting information, maybe too quick that I couldn't get it all done.

Would you recommend this workshop to others? If not, why not?

- Yes, definitely and please come back soon.
- Yes
- Yes, I would love to have parents from my centre come to this workshop.
- Yes, information was very useful.
- Yes, very informative.
- Yes, very informative.
- Yes, I felt this workshop was very informative.
- Yes
- Definitely! A wealth of knowledge presented.
- Yes! This was very well done.
- Strongly recommend.
- Yes!
- Most definitely - the willingness to share and provide information that can be used one on one or in a group setting. Not "high tech," simple, understandable and practical knowledge.
- Yes
- Yes! It's so important!

Any other comments?

- Really enjoyed this informative workshop!
- Love the websites and info.
- Great!
- Very excited to learn more about this topic.
- Great communication. Very easy to listen to. Thank you.
- Thank you so much!
- Fabulous, practical workshop. Great info and initiatives, wonderful resources, well informed and engaging instructor.
- Well done, thanks for all the information and to be able to further my own knowledge with website given!
- Fabulous presentation!
- Videos and resources were great for my learning and will also be great to share with families.
- I loved the workshop!

Analysis:

Action: