

Pediatric Occupational Therapist Cris Rowan presented
“Mixed Signals” workshop on Feb 16, 2015
to teachers in Courtney, BC
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	50%	40%	10%		
The workshop was well organized	50%	40%	10%		
The workshop was just the right length	40%	45%	10%		5%
The instructor was well informed	80%	20%			
The workshop materials were useful	75%	10%	10%	5%	
The workshop objectives were achieved	N/A	N/A			

What was the most valuable thing you learned in the workshop?

- 0-2 years no tech.
- To think critically about the information I’m being presented. This felt more like more of a sales pitch than grounded in vetted facts.
- Deeper understanding regarding working with and understanding certain kids I work with.
- Many interesting things - very useful.
- The most important thing I learned was the research that is now validating everything that I have been saying to my families and students for years.
- Tech is an ongoing issue and problem globally.
- Baseline of info to move forward with the balanced use of tech.
- Impact on brain development.
- Info regarding developmental delay
- 0-12 so critical to be aware.
- Time limits of tech.
- The effects of gaming.
- I saw your workshop a few weeks ago - a very good repeat to remind me of the info you shared.
- Getting the “facts” about tech and the impact in our schools and on your kids.
- Becoming more aware of what tech is doing to children’s brains.

- That it confirmed my feelings about the amount of tech kids and adults should be exposed to!
- The information to pass along to my parents.

Was there anything not covered in the workshop that you felt should have been?

- More solutions to tackle the tech problems in schools.
- No
- The only thing I would really encourage you to include in your workshop is the role/link that diet and nutrition plays in ADHD/Autism/Anxiety/Depression.
- Television, mass media, movies, social networking.
- How to work with parents from a school employee.
- No
- No
- No
- What positive effects tech has.
- More strategies to use in classrooms to develop vestibular/proprioceptive systems.

How could this workshop have been better or more helpful?

- More discussions.
- I think stats should be more specific to Canada, more relevant. Otherwise it's not verified that it's an accurate representation of our community/country - kind of like watching American news and fearing for ourselves when the stats here don't match.
- More interactive - not just talk and listen, it would be great to have a discussion to explore the issue more locally.
- How to diagnose, websites to look up.
- Wish it was a little more different than the initial presentation in the morning.
- More time for discussion.
- More interaction with the group.

Would you recommend this workshop to others? If not, why not?

- Yes
- Yes
- Yes - everyone should hear this!!
- Yes - teacher pro-D days also parent meetings at our school - parent workshop.
- Yes - good topic
- Yes! My staff, admin, parents! Very topical for our society and profession.
- Yes - informative and insightful!
- Yes
- Yes
- Yes

- Yes
- Yes - with people who aren't in education as well.
- Absolutely - would love to have parents at the workshop.
- Yes
- Yes
- Yes - lots of good information!
- No, this seemed to be motivated by the negative side of tech vs. some of the positive sides.
- Yes

Any other comments?

- More question time.
- It's good to know your audience; primarily support staff (educational assistants), not teachers, that work with elementary and high school students.
- I need to track my 12 year old's Ipad usage more closely! (and my husband's tech use!)
- Thank you!!
- More interactive - too technology based - would be great to be less dependent on tech especially based on topic.
- Thanks, a wealth of information!
- Very interesting.
- Great useful information thanks!
- Excellent info and excellent depth of info.
- Thank you for stopping the lady in the audience who kept going on with her questions.
- Excellent presentation - thank you!

Analysis:

Action: