

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on May 4, 2009
for teachers and OT’s in Halifax, Nova Scotia

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	33%	67%			
The workshop was well organized	84%	16%			
The workshop was just the right length	16%	52%	16%	16%	
The instructor was well informed	100%				
The workshop materials were useful	67%	33%			
The workshop objectives were achieved	84%	16%			

What was the most valuable thing you learned in the workshop?

- Tools for all students to use/Assessment.
- What techniques are useful.
- Different techniques and importance of sensory stimulation and how much today’s child lacks stimulation.
- Technology is not the answer to improving our education system.
- Hard to pick just one but I like the theory of sensory vs behavior, like the theory of movement through the day.
- Many – Identifying sensory issues and suggestions for activities for particular students.

Was there anything not covered in the workshop that you felt should have been?
 (No responses)

How could this workshop have been better or more helpful?

- Stretch it over 3 days to allow more time for networking, questions, sharing, experiences, etc. Shorten the day to 3PM. I shut down by 3 when given new info. 3 days would be great!
- Perhaps less questions during session or not repeated personal questions.
- Great handouts. So much information in such a short time.

Would you recommend this workshop to others? If not, why not?

- Yes, classroom teachers.
- Would love to see more ECE's attend.
- Yes, very informative and practical applications.
- Yes.
- Yes, great workshop for parents.

Any other comments?

- Very interesting to learn about the impact of technology and TV and this reinforces the need for all of us to move more and spend less time with technology.
- Very informative.
- Could always use more time.