



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on January 28, 2009
for teachers and OT’s in Kamloops, BC.

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	71%	29%			
The workshop was well organized	86%	14%			
The workshop was just the right length	71%	29%			
The instructor was well informed	86%	14%			
The workshop materials were useful	71%	29%			
The workshop objectives were achieved	86%	14%			

What was the most valuable thing you learned in the workshop?

- The tips on how to get our energy centred.
- The whole workshop today was new to me, and I learned a lot I didn’t know and learned even more about myself (how I act and respond to kids).
- All of the information, but mostly how TV and video games effect children.
- Very interesting information on sensory integration.
- SI helpful tools and techniques.
- Great ideas to use in my school ie peanut ball, squishies, sit-n-spin etc.
- A very clear, simple way to describe sensory processing to families and caregivers.

Was there anything not covered in the workshop that you felt should have been?

- No
- No
- Can’t think of anything.
- No.
- No, everything was covered well and understandable.

How could this workshop have been better or more helpful?

- It was great.
- Maybe some more video visual examples of each problem would be helpful.

Would you recommend this workshop to others? If not, why not?

- Yes – lots of practical information.
- Yes
- Definitely
- Yes – definitely.
- Yes.
- Yes I would, it would help others to see what kids really need...the parents mostly! It's really helpful!

Any other comments?

- No – it was great!
- Very interesting and well suited to my work as an EI OT.
- The workshop today was really good, I enjoyed it and learned a lot. Thank you!