

Pediatric Occupational Therapist Cris Rowan presented  
**“Mixed Signals” workshop** on January 29, 2009  
 for teachers and OT’s in Kamloops, BC.

### *What did the participants have to say?*

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	80%	20%			
The workshop was well organized	88%	12%			
The workshop was just the right length	63%	37%			
The instructor was well informed	80%	20%			
The workshop materials were useful	63%	37%			
The workshop objectives were achieved	88%	12%			

What was the most valuable thing you learned in the workshop?

- Video games, technology and the “mixed signals” from parents.
- The facts about violence in media and its effects on children.
- All.
- Everything...
- That there is no research on the effects of drugs on young children.
- Research statistics ie effects of technology.
- I enjoyed the research on technology’s impact on children.

Was there anything not covered in the workshop that you felt should have been?

- No

How could this workshop have been better or more helpful?

- The subject of why video games are bad for kids is used too much! Only one example would have been enough.

Would you recommend this workshop to others? If not, why not?

- Yes, parents need to learn what they are letting their kids watch.
- Yes – I wish more people would get this message.
- Yes.
- Yes.

- Yes.
- Yes

Any other comments?

- Was good!
- I would love a 1-2 page summary of the problem, and another of the suggested solutions that teachers could include in our monthly newsletters: "Parent Educators". This should validate parents for why they provide/enable too much technology, then give them the suggestions. Don't make them feel guilty.