



6840 Seaview Road, Sechelt, BC V0N 3A4

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Pediatric Occupational Therapist Cris Rowan presented
“Sitting Still” workshop on January 30, 2009
for teachers and OT’s in Kamloops, BC.

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	83%	17%			
The workshop was well organized	83%	17%			
The workshop was just the right length	83%	17%			
The instructor was well informed	83%	17%			
The workshop materials were useful	83%	17%			
The workshop objectives were achieved	83%	17%			

What was the most valuable thing you learned in the workshop?

- Attention information.
- The strong connection between nature and learning. Not just fresh air – actual connection with nature.
- Inspiration to get out into nature.
- All.
- The disabilities kids have with learning, what they do and why they do it.

Was there anything not covered in the workshop that you felt should have been?

- No
- No
- No
- No – everything was good, I learned a lot!

How could this workshop have been better or more helpful?

- Workshop was great as it is!

Would you recommend this workshop to others? If not, why not?

- Yes, to my community and my school district.
- Yes.
- Yes – very thought provoking.

- Yes
- Yes, teachers need to learn the disabilities of children today and what needs to be done and what they can do to help.

Any other comments?

- Maybe include parents and other caregivers in with “teachers” ie “people who work with children”. Parents can do a lot of this attention training ie sitting in the car for long rides, visiting relatives, church.
- The last day I learned a lot. Thank you!