

A Cracked Foundation: How Virtual Parenting Is Destroying Our Children

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While children are the future of our planet, through modern technology we have unconsciously created a "virtual reality" for our children to call home, a reality devoid of connection and human interaction. Fragmented, frazzled and far too busy, today's families are struggling to survive. While family members connect to technology's virtual reality, they are disconnecting from self, others, nature and spirit at a rapid pace. This disconnection is resulting in child mental health and behavior disorders that are readily being diagnosed and medicated. Parents' misperception that "outdoors" is unsafe has restricted children to "indoors," markedly limiting social and motor skill development. As the dining room table is replaced by the big screen and family conversation becomes non-existent, the foundations for child development are finally cracking.

A Cracked Foundation offers fragmented families a much needed Repair Kit, which will help virtual parents learn how to pick up the pieces, discover why their family disconnects, and learn new ways to re-connect.

March 30, 2010

Oklahoma City

1:00 – 4:00

(CF110)

Maximum number of participants: 100

Audience: CG, EI, PS, S

<i>Attendance</i>		<i>Met my primary objective</i>	<i>Demonstrations well structured for learning</i>	<i>Received info. that I can use with families</i>	<i>Rate familiarity prior to course</i>	<i>Rate familiarity at completion of course</i>	<i>Rate the overall quality of the information</i>	<i>Would you recommend this course to others</i>
DDSD		4.2	4.4	4.4	3.0	4.1	4.4	Yes
Health Dept –Guidance.....	3							
Health Dept Staff.....	1							
Local School Personnel	12							
Local School – Preschool								
Contract to Schools								
SoonerStart REIC / RC	10							
SoonerStart Service Provider .	14							
SoonerStart Contract	3							
Parent								
Other	1							
Head start								
TOTAL	44							

- Everything.
- Strategies; concrete examples.
- Very enjoyable and educational.
- Making more aware of attachment and impacts.
- Sensory activities for children.
- Concrete suggestions.
- "Specific verbiage to disarm parents and open lines of communication; very realistic ideas to use with families.

- Website links -- great to share with families.
- Loved that this was evidence based and I don't have to search for the evidence."
- Enjoyed learning the value.
- Demonstrations.
- Studies presented and websites/resources shared.
- Information and resources.
- Good information. Cris is very knowledgeable.
- Very interesting slant on ADHD, autism -- touch and interaction, movement and play.
- Ms. Rowan's ability to impart her knowledge, which is vast. This workshop (morning and afternoon) is one of the best I have attended.
- Extensive review of attachment theory. I believe most attendees are familiar with the classic attachment research.
- Geared to school age children.
- General techniques that are unable to be used with our population of clients.
- Information was geared toward children older than SoonerStart age group.
- Do not agree that touching or plugging into is the answer to autism or ADHD.
- Reiteration of morning session information.
- Could have been a full day training so that there would have been time to get to treatment.
- For teachers, therapists with children above the age of 3.
- Presenter seemed to not recognize mental issues as a serious possibility and contributed behavior/actions to parents/adults not spending enough time with their children. What about genetics?
- Bring visuals like sample fabric swatches, chair hug shirt.
- Do not make people feel guilty, i.e., not breastfeeding, going back to work when baby is 12 weeks old; 2 year old has a tantrum because parent says no to have a 2nd cookie.
- Would have like to see some of the videos.
- Show the videos to drive home the point visually and break up constant lecturing.
- More group interaction between participants. Like the Zone in exercise.
- Improve quality of certain boxes on handout; some are so dark that they are too difficult to read or see picture. This workshop should have been a full day.