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www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on Nov. 3, 2009
for teachers and OT’s in Saskatoon, Saskatchewan

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	88%	11%			
The workshop was well organized	77%	22%			
The workshop was just the right length	11%	44%	44%		
The instructor was well informed	88%	11%			
The workshop materials were useful	55%	44%			
The workshop objectives were achieved	44%	55%			

What was the most valuable thing you learned in the workshop?

- Examples for what to do for different sensory needs. How to explain info to other teachers & parents.
- Awareness of Zone’in program, checklists
- Effective strategies to provide parents/teachers—research list, specific Zone’in tools. Zone-in scale.
- Great forms at back to share with school as pre-referral strategies to use before calling OT.
- Organization of Sensory Processors/difficulties.
- The Sensory strategies and Zone-O-Meter I found very useful. The SOS form will be very helpful when collaborating with teachers, educational assistants and resource teachers.
- Hands-on activities that can be used in the classroom.
- The different sensory issues and what can be done to help.

Was there anything not covered in the workshop that you felt should have been?

- No
- What would/could be done in smaller schools/area schools to help focus kids.

How could this workshop have been better or more helpful?

- More examples of activities that we could try so we know what to do--examples for classroom use with little or no equipment.

- Length—maybe a 6-hour course instead of 3.
- Would love to have reviewed some of the evening techniques.
- Less theory—more hands on.
- From teachers' perspective—too much theory and not enough techniques to help or deal with students in a group setting.

Would you recommend this workshop to others? If not, why not?

- Yes, I would like to see classroom teachers learn more on this topic.
- Yes for teachers/resource room
- Yes, OT's, parents and teachers.
- Yes.
- Yes.
- Yes because it gives 'Aha' moments but not always easy to understand why or how to do when you teach large number of kids.

Any other comments?

- I really liked how you gave specific hands-on strategies that were basic and we could provide directly to teachers to implement. I like how you gave examples of what to say too! Thank you!!
- Well presented!
- It was a bit dry at times, but also exciting at others. Show more—do more—talk & listen less.
- It would be more beneficial to do day 1 and 3 together in that order for teachers to want to take more than 1 day of the workshop. I enjoy how passionate you are with this material making us interested in what you have to say. Thank you!