



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on June 1, 2009
for teachers and OT’s in Vancouver, BC

What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	75%	25%			
The workshop was well organized	100%				
The workshop was just the right length	25%	25%	50%		
The instructor was well informed	100%				
The workshop materials were useful	100%				
The workshop objectives were achieved	100%				

What was the most valuable thing you learned in the workshop?

- Differentiating registration, modulation and discrimination. Hearing about the effects of technology on learning and development.
- It was ALL valuable. The sensory integration states (S.R., S.M. & S.D.) were helpful in understanding what is going on with some children sometimes. Statistics are helpful (with sources) when presenting info to others (e.g., administrators of programs, schools, etc.)
- Touch – movement – connection. I like the attachment theory.
- Importance of considering sensory processing problems when children present with attention or behavior problems. Importance of talking to parents about need to reduce screen time—and the link with SPD.

Was there anything not covered in the workshop that you felt should have been?

- I realize there wasn’t the time to include more film/video clips, but having these available at lunch time was great.
- More videos with examples (though Cris has great verbal examples).

How could this workshop have been better or more helpful?

- More time on techniques.
- More time for discussion at the end, amongst course participants.
- More videos (short ones), longer (full day) course or somehow finish this one on time.

Would you recommend this workshop to others? If not, why not?

- Yes, Learning Services Dept – Richmond—if there was emphasis on techniques and use of zone meter for classrooms—although covering everything.
- Yes
- Yes
- Yes

Any other comments?

- Tools/techniques charts and observations/strategies handouts look very practical and helpful!
- Great overview of sensory processing and how to help dysregulation. I picked up lots of tips and ideas I can use.
- Good workshop! Nice review for me with lots of new information, too. Thanks, Cris!!