



6840 Seaview Road, Sechelt, BC V0N 3A4

[www.zonein.ca](http://www.zonein.ca)

Pediatric Occupational Therapist Cris Rowan presented  
**“Back to Basics” workshop** on May 25 2009  
for teachers and OT’s in Yellowknife, NT

## *What did the participants have to say?*

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	72%	28%			
The workshop was well organized	72%	14%	14%		
The workshop was just the right length	72%		28%		
The instructor was well informed	72%	28%			
The workshop materials were useful	72%	28%			
The workshop objectives were achieved	72%	28%			

What was the most valuable thing you learned in the workshop?

- That technology can impair a student’s academia skills.
- The importance of movement.
- How our senses impact on our learning.
- The importance of motor development from the trunk out. The relationship between printing and reading. The output speed chart.
- Movement strategies for avoiders.

Was there anything not covered in the workshop that you felt should have been?

- Not sure.

How could this workshop have been better or more helpful?

- Not sure.

Would you recommend this workshop to others? If not, why not?

- Yes
- Yes
- Yes, very informative.
- Yes
- Yes, I absolutely would recommend it. In fact, I am hoping that we can get you back up.
- I would definitely recommend this workshop. I am actually very disappointed I can’t attend the other two days.

### Any other comments?

- Loved this session!
- Actions I'm taking: 1) incorporating many more movement breaks of various sorts. 2) helping kids to come in the Zone by having a variety of things available, squishies, smellies, etc. 3) a modified Zone-O-Metre. 4) will be making the parts to form the letters (participant drew diagram as an example), etc.
- It was informative. Thank you for the snacks and healthy snacks would have been better, i.e., cheese, crackers. Thanks!!
- This afternoon seemed rushed and not as clearly focused as the morning session.
- Great workshop—much information.
- Allocate 15 minutes to get into groups to play your game to have the “experience” and familiarize ourselves about the game. This would allow us to ask questions and give feedback/suggestions.
- I go back to my class with lots of ideas to use with my sensory students. Thank you!