

## Foundation Series Workshops

Enhance productivity with balanced technology management



## Early Intervention

**Healthy Interactions:** Critical Factors for Early Child Development

**Saturday, October 3, 2009**  
**9am till 12 noon**  
**Glacier View Learning Center**  
**241 Becher Dr.**  
**Courtenay, BC**  
**Refreshments served**

**Registration: \$10**

*Sponsored by the Comox Valley Children's Daycare Society  
With support from Success by 6*



### Overview

**The job of the infant and toddler is to move, touch and connect with other humans.** Restrained by bucket seats, infants aged 0-2 years old watch an average 2.2 hours per day of TV, and 25% have TV's in their bedrooms. Toddlers age 3-5 years use 4.5 hours per day of combined technology. This technology overuse is resulting in delays in achieving developmental milestones needed for school entry. Low postural tone and poor coordination from increased use of plastic bucket seats and strollers is concerning therapists throughout North America. Eventual school categorization of these children as learning disabled or developmentally delayed, often with accompanying behavior disorders is eminent, resulting in difficulty achieving even the basics of literacy. Recognizing the need for critical developmental elements of movement, touch and human connection is crucial in this day and age of technology obsession.

### Goal

*Healthy Interactions* raises awareness regarding the critical factors for healthy early child development of movement, touch and connection, and offers parents, teachers and therapists' practical strategies to enhance infant, toddler and early child development.

### Learning Outcomes

- Analyze current research on technology's impact on *early* child development, and differentiate popular toddler mental diagnoses from TV and videogame addictions.
- Identify critical factors for meeting developmental milestones, and for achieving foundation skills for school entry.
- Rank individual performance levels, and determine intervention strategies for pre-schools and parents.
- Apply initiatives and techniques to improve infant, toddler and child sensory and motor development.

### Handouts

*Foundation Scale for Infant, Toddler and Pre-School  
Early Development Directive*



**Evidence based – Research referenced - Strategy focused**

## Creator and Speaker

Workshop creator **Cris Rowan** is a well-known speaker and author to teachers, parents and therapists throughout North America in the field of sensory integration, learning, attention, fine motor skills and the impact of technology on children's neurological development. Cris has Bachelor of Science degrees in both Occupational Therapy and in Biology, and is a SIPT certified Pediatric Sensory Specialist. Cris is CEO of Zone'in Programs Inc. offering products, workshops and training to promote technology balance and enhance productivity. Cris is creator of the new *Zone'in*, *Move'in* and *Unplug'in* programs, the Foundation Series Workshops and Zone'in Training for therapists. Cris has authored the *Unplug – Don't Drug, Creating Sustainable Futures*, and *Linking Corporations to Communities* initiatives, and is completing her book *Disconnect to Reconnect*.



## Who should attend?

Parents, teachers, administrators, special education staff, occupational therapists, speech and language pathologists, physical therapists, counsellors, physicians, psychologists, psychiatrists, social workers and child care providers. Foundation Series Workshops are designed to be *introductory* level for therapists, *intermediate* for teachers and *advanced* for parents, child care workers and teaching assistants.

**To register, phone 250-339-3033 or fill out the below form and fax it to 250-339-7072.  
Please mail payment to:**

**Comox Valley Children's Daycare Society  
1800 Noel Ave.  
Comox, BC  
V9M 2L1**

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**Workshop Title:** Healthy Interactions

**Workshop Date:** October 3, 2009 9am till 12 noon

**Workshop Location:** Glacier View Learning Center, 241 Becher Dr., Courtenay, BC

Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

### **Method of Payment:**

Cash    Cheque (made payable to Comox Valley Children's Daycare Society)