



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“**Harnessing Energy**” workshop on Feb 11, 2011
for Professionals in Courtney, BC

What did the participants have to say? (13 responses)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	92%	8%			
The workshop was well organized	84.5%	15.5%			
The workshop was just the right length	46%	38.5%		15.5%	
The instructor was well informed	92%	8%			
The workshop materials were useful	92%	8%			
The workshop objectives were achieved	92%	8%			

What was the most valuable thing you learned in the workshop?

- Everything.
- The importance of movement.
- Sensory strategies are individual!
- Confirmed my belief that behavior is only the “output” of a base issue—usually sensory.
- A better/deeper understanding of the array of sensory processing issues and what the “behavior” looks like.
- Encouraged to get back into doing a sensory diet with my children.
- Ideas for a sensory room. How to determine what the child needs.
- I think you leave here understanding my child. How exciting.
- I really like the 10-point scale (Zone-O-Meter). Also appreciate the resource lists.
- Connecting attachment and sensory integration piece.
- Tools to use with children who exhibit need for sensory help and exactly why/how things happen—brain process, etc.
- That many children with SPD are misdiagnosed with other things like ADHD and Autism.
- The extremes of scale.

Was there anything not covered in the workshop that you felt should have been?

- I don't think so.
- Nope. Although I would really like to see it stretched to a full day and encompass the tech side as well.
- No.
- No.

How could this workshop have been better or more helpful?

- Although the workshop was incredibly informative, I would have liked a full day.
- It was awesome! The length was great and information relevant.
- For me, I'd like now to attend part 2--application of techniques.
- Maybe longer.

Would you recommend this workshop to others? If not, why not?

- Yes.
- Yes.
- Absolutely.
- Yes, I really wish more teachers and EA's had better training in this area.
- Yes.
- Definitely!
- Yes.
- Yes.
- Yes. I think this would be great to deliver to the school district and EA's in the district.
- Yes.

Any other comments?

- This workshop should be better promoted to local school board/teachers/EA's/Soc Wkrs/Pre-schools, Daycares, etc. Love the Info!! Thanks.
- Thank you!
- Really enjoyed it. Would like to connect and see about meeting with you. Would love to have Cris come back and do attachment workshop, etc., etc. Thank you!!
- Thank you!
- Thanks!
- Great but, I wish it was advertised better—I wasn't entirely sure what we were going to cover.
- Great – very informative.
- No. Sorry!