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Pediatric Occupational Therapist Cris Rowan presented
“*Healthy Interactions*” workshop on March 5, 2011
for Professionals in Vernon, BC

What did the participants have to say? (16 responses)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	80%	20%			
The workshop was well organized	71.5%	28.5%			
The workshop was just the right length	62.5%	25%	6.25%	6.25%	
The instructor was well informed	100%				
The workshop materials were useful	66.5%	26.5%	7%		
The workshop objectives were achieved	75%	25%			

What was the most valuable thing you learned in the workshop?

- How important human attachment is to human development (power of touch)
- Hugs. Wireless.
- Excellent course
- Balance
- Balance
- Learning about the vestibular system and proprioceptive system.
- Life is scary for our future and we need to do something about that.
- We are doing fairly well with balance at the daycare—but, can do better.
- How to work with and see children’s problems and work to balance them.
- How technology is affecting the children.
- Having websites, resources and research.
- Frightful statistics about technology.
- All the different parts of a child’s needs.
- How technology affects the brain.

Was there anything not covered in the workshop that you felt should have been?

- Nope
- Questions from group.

- Was good. Lots of info to process.
- When are games that have violence acceptable and at what age? Where is the balance—if there is any?
- No.
- “How to” talk to parents about the topic without offending them.
- More info on how adults can or need to be the ones to make a change—things a busy parent can do when they don’t have enough time.
- No.

How could this workshop have been better or more helpful?

- It was great
- Cris mentioned that she was unable to finish presentation. Perhaps need more time or need to mention in beginning that you will leave discussion/questions until the end.
- Go over again – hard to retain all the information.
- Group questions.
- By introducing this to licensing and all their playground rules.
- Working through different scenarios.
- Not sure because I found it very full of information.
- I think you should get to know the school district you are presenting to.
- A longer—all-day workshop would be better.

Would you recommend this workshop to others? If not, why not?

- Yes
- Yes
- Yes, parents
- Yes
- Yes, it was very educational
- Yes
- Yes, excellent ideas
- Yes. It’s hard when you have one staff who is totally for technology and was against posting the information. How do you get her on board?
- Yes I would but would not know where to tell them to go. Not much info on seminars.
- Yes. To understand why they should not use technology in their centers. Parents, so they become educated on how their children are being affected.
- Absolutely.
- Absolutely – I could fill a room if you come back!
- Yes. It’s important info for our future and how our children today will be as adults.
- Yes, highly.
- Yes. Lots of good ideas.
- Absolutely. Reinforcing play comes first. Technology should be used with caution.

Any other comments?

- Excellent workshop
- Excellent
- Advertise more on the issue of the balance.
- Thank you, Cris for your wonderful, informative workshop! 😊
- Thanks.
- Thank you.
- I really enjoyed the workshop.
- Thanks so much for a well prepared, well researched presentation.
- When will you be back? Licensing officers need this information in order to allow more gross motor activities (tire swings/mini trampolines). Thank you, you are very easy to listen to. Great speaker!
- Would have liked a hand-out with all of the websites covered.

Analysis: Generally well received but need to spend more time on the area of application of information e.g. how to tell parents, what to communicate to those who advocate for more technology, how to address licensing restrictions.