

Pediatric Occupational Therapist Cris Rowan presented
“A Cracked Foundation” workshop on April 22, 2012
for Edmonton Professional Workshop
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	88%	12%			
The workshop was well organized	62.5%	12.5%	12.5%	12.5%	
The workshop was just the right length	88%	12%			
The instructor was well informed	100%				
The workshop materials were useful	100%				
The workshop objectives were achieved	88%	12%			

What was the most valuable thing you learned in the workshop?

- The detrimental effects of technology overuse and the effects and benefits of “bringing back” the human connection. In how we interact. Things have become too complicated with technology – it was refreshing to hear this!
- Statistics, hard evidence of ideas around technology.
- Some self regulation tips.
- Non-reactive listening. Increase use of nature.
- Family units are almost non-existent due to excessive technology use because of neglect and avoidance.
- All of it.

Was there anything not covered in the workshop that you felt should have been?

- Epigenetics. Multiple causal factors for the increased behaviors.
- No.
- Great workshop. Need more information for school age (Jr. High/Senior High) students.

How could this workshop have been better or more helpful?

- Continue updating your research. I found current research most beneficial.

- Handouts available upon registration. Handouts not available first day. Discrepancy on start time (8 or 8:30?) SAOT!
- Less repetitive.
- Handouts provided. More videos, seeing more techniques working with young kids. Workshop materials were useful when they printed off.

Would you recommend this workshop to others? If not, why not?

- Yes.
- Yes.
- Yes.
- Yes.
- Yes.
- Yes!
- Yes.

Any other comments?

- The course overall was great, but too expensive. Maybe more people could attend if price was lower. This is very valuable information.
- Liked the clips.
- Excellent instructor.
- Thank you for being available for questions at breaks.

Analysis: Generally well received; wanting more video clips (had 6-8 per 3 hour workshop)!

Action: Will continue to add video, as seems to be appreciated. Again – make handouts mandatory for handout by workshop organizers.