



6840 Seaview Road, Sechelt, BC V0N 3A4

www.zonein.ca

Pediatric Occupational Therapist Cris Rowan presented
“Harnessing Energy” workshop on April 21, 2012
for Edmonton Professional Workshop
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	57%	43%			
The workshop was well organized	14%	43%	29%	14%	
The workshop was just the right length	43%	43%		14%	
The instructor was well informed	100%				
The workshop materials were useful	71%	29%			
The workshop objectives were achieved	71%	29%			

What was the most valuable thing you learned in the workshop?

- Strategies to “tone your zone.”
- Zone’n techniques. I liked the nuggets.
- Eye opening statistics. Reinforced my feelings around technology for ALL students, not only high needs.
- (1) Connection and attachment. (2) Touch, movement, connection. (3) Effects of Technology.
- Everything was very helpful. The research reference was very applicable—not just grabbing random facts.

Was there anything not covered in the workshop that you felt should have been?

- No.
- A longer time spent on assessing sensory systems involved—how to identify if registration, modulation, etc.
- No.
- Great presenter and speaker! Loved the breaks to get in the zone.

How could this workshop have been better or more helpful?

- Lunch should have been available. Handouts covered. This was an expensive workshop.

- Handouts unfortunately a real issue but power point made up for it. More time to share stories relevant to topics. I attended the 2 days. Some repetitive information maybe could be reduced.
- Having a package of handouts when we arrive vs. having us try to download and print them Please make sure the screens are available to see when you are talking. Could you let the group rotate your boxes to look at them in > depth (to different tables to discuss).
- Handouts not available. Didn't have all of the workshop materials available.

Would you recommend this workshop to others? If not, why not?

- Yes.
- Yes.
- Yes. I wish more people (especially parents) would know about these facts, and the harm that's being done to our children.
- Yes, I'd recommend all of them to different people.
- Yes – particularly sessions 1, 3 & 4.
- Yes!

Any other comments?

- Loved the clips.
- A bit repetitive, same slides frequently used. A bit "sensational!"
- Chris was very interesting and kept me "in the zone." I will be leaving today knowing for sure I will be sharing what I learned with my parents, teachers and students.
- I am definitely going to follow your webpage and monthly updates! Thank you!
- Do you put upcoming PD or PD you recommend on your website?

Analysis: redundancy; go into greater depth on sensory assessments with OT crowds, mandatory for workshop organizers to make handouts.

Action: to remove all redundancy and not worry if some people came to only one of the two days, ensure handouts are available at workshop even if emailed in advance.