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Pediatric Occupational Therapist Cris Rowan presented  
**“A Cracked Foundation” workshop** on November 5, 2013  
for parents, health and social service staff in Bella Bella, BC

### *What did the participants have to say?*

|  | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree |
|--|----------------|-------|---------|----------|-------------------|
| The workshop objectives were met       | 75%            | 25%   |         |          |                   |
| The workshop was well organized        | 75%            | 25%   |         |          |                   |
| The workshop was just the right length | 100%           |       |         |          |                   |
| The instructor was well informed       | 100%           |       |         |          |                   |
| The workshop materials were useful     | 100%           |       |         |          |                   |

What was the most valuable thing you learned in the workshop?

- The effects of technology on a child’s growth
- The different types of attachment

Was there anything not covered in the workshop that you felt should have been?

- I don’t think so.

How could this workshop have been better or more helpful?

- More content/history of colonization on attachment and traditional aboriginal parenting practices.
- It was great, because I was able to talk about my personal experiences and got group feedback.

Would you recommend this workshop to others? If not, why not?

- Yes – parents in this community still don’t seem to be aware of the negative consequences.
- Yes!!
- Yes
- Yes to other parents and service providers

Any other comments?

- Loved the videos!
- Awesome!

- Thank You!

**Analysis:** although presented some info on colonization and attachment, participants were seeking additional info, as well as an opportunity to discuss personal impact.

**Action:** added additional information on history of colonization and impact on attachment, as well as will pose questions to participants in future workshops to gain information regarding aboriginal parenting practices.