

Pediatric Occupational Therapist Cris Rowan presented
“Moving to Learn” workshop on Feb 16, 2015
 to parents in Courtney, BC
What did the participants have to say?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The workshop objectives were clearly stated	60%	34%	6%		
The workshop was well organized	66%	34%			
The workshop was just the right length	54%	20%	20%	6%	
The instructor was well informed	76%	12%	12%		
The workshop materials were useful	60%	34%	6%		
The workshop objectives were achieved	N/A	N/A			

What was the most valuable thing you learned in the workshop?

- The tools, activities and DIY props to help encourage movement and learning.
- How much technology needs to be balanced.
- Strategies to help students regulate, discussion on how we can cycle in and out of zones.
- Praxis/tactile/ SOS policy/quick class activities.
- Different ideas for in class when children need to move.
- There are movement strategies that I can apply in a classroom setting.
- Practical strategies.
- Techniques for guided movement in class (Tour de France)
- The variety and number of strategies, tools and equipment was amazing and will definitely be used!
- Not all kids learn or act physically the same.
- I am so glad to hear about activities that really use up a lot of energy and plan to use them this week in the gym even in class as a break.
- Made me think about what I may be able to do in my behaviour program.
- Confirmation about the value of movement.
- Easy ways to allow students to move.

Was there anything not covered in the workshop that you felt should have been?

- More nature activities, not just playground ones.

- I would like to focus more on strategies for children, but understand what time would not allow for it.
- ADHD?
- No
- More detail on easy made/created materials.
- No

How could this workshop have been better or more helpful?

- Less tech - ha ha ha!
- With respect to “nature” component - focus on things we can do with no money and no prep, building a playground is not really an easy option.
- I would like to have seen more factual authenticated research to back up the subjective claims your hand out contains - assumptions that you did not clarify that will leave people in your audience with misconceptions that will negatively affect students.
- More examples of useful materials to try (hands on).
- The teacher being more realistic as there is less and less money in the schools and the expectations are increasing all the time.

Would you recommend this workshop to others? If not, why not?

- Yes, very informative and inspirational.
- Yes
- Yes - great tools for better connecting with students.
- Yes
- Yes
- Yes, very informative and professional.
- Yes - lots of great information
- Absolutely! I’m just sorry that there were some people unable to attend.
- Yes, more teachers need to see this presentation.
- Yes
- Yes. Starts thinking about improving learning environment.
- Yes
- Yes - good info

Any other comments?

- The afternoon workshop was informative with practical tips and information. The keynote lecture, however, I found quite upsetting. Although I usually agree that people are too “teched,” I thought the images shown this AM propogandistic and not relevant to teach - just meant to provoke a strong reaction. A multimedia presentation against media, using “shocking” images to provoke a reaction ... ? How can we have a balance between tech and no tech instead of “tech is bad?”
- Some information seemed a bit disconnected - safe rooms, only one slide on attachment.
- Thanks, lots of info!

- Very informative workshop! Lots of great ideas and strategies.
- A number of your slides discredit ADHD as a condition that's derived from something other than environment. It's a dangerous statement to make without allowing discussion on it and it dismisses medical evidence. It may be treated without meds and nature can help, but to leave people with the idea that it can be cured is not accurate. It's a disservice to kids that it's the adults who leave this room with that judgmental assumption. There isn't medical evidence to support your claims. Even John Ratey would disagree given his expertise. You are an OT, not a Dr.
- Thank you! Very helpful.
- Thank you so much for coming to present this workshop for us!
- Thank you, your workshops and keynote are so timely giving me info about high need and highly reactive students at our school.
- Info should be shared regarding movement/playgrounds with "powers that be" within school district. Ian Hasselgrave - Operations Manager, Rob Moore - Techy fellow who attended keynote.

Analysis:

Action: